



# TAROLA PLASTIC SURGERY

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## Brow Lift

- You must have someone drive you home from surgery and stay with you for 1-2 days.
- You may shower daily starting the day following surgery. Wash incisions with soap and water daily.
- Start walking as soon as possible, as this helps to reduce swelling, lowers the chance of blood clots, and prevents constipation. Drink lots of fluids as not to get constipated. Take stool softener as prescribed.
- Avoid strenuous exercise and activities such as sports for 4 weeks.
- Keep incisions clean and inspect daily for signs of infection.
- Postoperative pain is usually minimal.
- There will be swelling and discoloration.
- There may be numbness around the operative areas.
- Limit vigorous physical activity for several weeks; i.e., heavy housework, sex, bending or any activity that increases your blood pressure. Full social activities can usually be resumed in 2 weeks.
- Shower and shampoo in 2 days or as soon as bandage is removed. Gentle cleansing around sutures in hair line when shampooing. When using hair dryer, never set temperature on "hot", as you may not have feeling in operated area. Hair bleach or permanent can be applied after complete healing, usually 3-4 weeks. Facial makeup can be applied to cover up bruising 3 days after surgery, but not on the incisions.
- Temporary discomfort, tightness of skin, swelling, bruising, numbness and headaches.
- Full recovery from bruising in 2-3 weeks.
- Swelling may affect cheeks and eyes for a week or so.
- As nerves heal, itching may replace numbness on top of scalp -- May last up to 6 months.
- Final results realized in approximately 6 months.
- Visible signs of surgery should fade completely in approximately 3 weeks.
- Normal growth of hair around incision usually resumes in a few weeks or months.
- Do not apply any heat or cold to the surgical site.
- Do not drive in the first two days following surgery. You may resume driving when you feel you are able, but wait at least two days following surgery. If pain will inhibit your reflexes, do not drive! Do not drive while taking pain medication.

### **OUR OFFICE SHOULD BE CONTACTED IMMEDIATELY IF YOU EXPERIENCE ANY OF THE FOLLOWING:**

- A high fever (over 101°), severe nausea and vomiting, continued dizziness or incoherent behavior, such as hallucinations
- Any pain that cannot be controlled by your pain medication
- Bright red skin that is hot to the touch
- Excessive bleeding or fluid seeping through the incisions