



TAROLA PLASTIC SURGERY
NICHOLAS A. TAROLA, MD

Brow Lift

You must have someone drive you home from surgery and stay with you for 1-2 days.

You may shower and shampoo 2 days following surgery or as soon as the bandages are removed. Do not take a bath until instructed. Gently wash around sutures in the hair line when shampooing. When using the hair dryer, never set temperature on "hot", as you may not have feeling in the operative area. Hair bleach or hair color can be applied after complete healing, usually in 3-4 weeks. Facial makeup can be applied to cover up bruising 3 days after surgery, but not on the incisions. You should expect full recovery from bruising 2-3 weeks.

Keep incisions clean and inspect them daily for signs of infection.

Start walking as soon as possible, as this helps to reduce swelling, lowers the chance of blood clots, and prevents constipation. Drink lots of fluids and take stool softeners as prescribed to avoid constipation.

No lifting more than 10 lbs after surgery. Limit vigorous physical activities for several weeks; i.e., heavy housework, sex, bending, or any activities that increase your blood pressure. Full social activities can usually be resumed in 2 weeks.

Postoperative pain is minimal. Do not apply heat or cold to the surgical site.

You may experience temporary discomfort, tightness of skin, swelling, bruising, numbness, and headaches.

There will be swelling and discoloration. Swelling may affect cheeks and eyes for a week or so. Keep your head elevated for 2-3 days after surgery to help minimize swelling.

There may be numbness around the operative area. As nerves heal, itching may replace numbness on top of scalp this may last up to 6 months.

Visible signs of surgery should fade completely in approximately 3 weeks.

Normal growth of hair around incision usually resumes in a few weeks or months.

Final results realized in approximately 6 months.

Do not drive in the first two days following surgery. You may resume driving when you feel you are able, but wait at least two days following surgery. If pain will inhibit your reflexes, do not drive! Do not drive while taking pain medication.

CALL THE OFFICE IMMEDIATELY IF YOU EXPERIENCE ANY OF THE FOLLOWING:

- **A high fever (over 101°), severe nausea and vomiting, continued dizziness or incoherent behavior, such as hallucinations**
- **Any pain that cannot be controlled by your pain medication**
- **Bright red skin that is hot to the touch**
- **Excessive bleeding or fluid seeping through the incisions**